TIMEX

T100

USER GUIDE 1

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EXTENDED WARRANTY

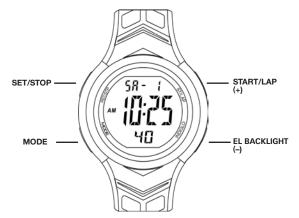
Available in U.S. only. Extend your warranty for an additional 4 years from date of purchase for \$5. You can pay with AMEX, Discover, Visa or MasterCard by calling 1 800-448-4639 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail a check for \$5 to: Timex Extended Warranty, P.O. Box 1676, Dept. EF, Little Rock, AR 72203.

Please read instructions carefully to understand how to operate your Timex[®] watch. Your model may not have all of the features described in this booklet.

FUNCTIONS

Real-time calendar clock, Second time zone, Countdown timer, Five daily alarms, Hourly chime, 150 Lap Chronograph with lap/split storage, Indiglo[®] night-light.

BASIC OPERATION



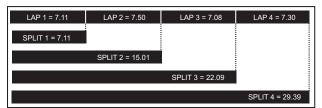
When setting, each button has a different function as indicated above. Watch face will indicate when button changes function.

TIME/DATE

- 1. In TIME mode, press and hold RST/STP. Seconds will flash.
- 2. Press + to reset seconds to 00.
- 3. Press MODE, Hour digits flash.
- 4. Press + or to change hour including AM/PM. (Scroll through 12 hours to get to AM/PM).
- 5. Press MODE, Minutes digits flash.
- 6. Press + or to change minutes.
- 7. Continue pattern to set year, month, day of month and 12-hour or 24-hour time display.
- 8. When DONE, press RST/STP.
- When in Time mode, press MODE until DT appears to see the second time zone.

10. Continue the above pattern to set the second time zone.

CHRONO



- 1. Press MODE until CHRO appears.
- 2. Press ST/LAP to start the Chrono timer. Chrono continues to run even if you exit the mode.
- Press RST/STP to stop the Chrono from running OR while Chrono is running, press ST/LAP to take a split.

NOTES:

- · Split times will appear frozen for 3 seconds.
- While Chrono is stopped, press MODE until DATA is on the screen, then press + or - to scroll through stored lap times. To return to Chrono, press MODE button until Chrono is on the screen.
- Press RST/STP to reset Chrono.

TIMER

- 1. Press MODE until TMR appears.
- 2. Press RST/STP, Hour digits flash.
- 3. Follow the same pattern as setting Time and Alarm to set hours, minutes and seconds.
- 4. Press RST/STP to confirm settings.
- 5. Press ST/LAP to start Timer. Timer will continue to run even if you exit Timer mode.
- 6. An alarm melody will chime when the Timer reaches zero.
- 7. Press RST/STP to stop Timer. Press and hold RST/STP to reset..

ALARM/HOURLY CHIME

Setting the Alarm is similar to setting Time.

- 1. Press MODE until AL appears.
- Pressing RST/STP repeatedly will show the time setting for all 5 alarms, when you see the appropriate alarm, press and hold RST/STP.
- 3. Alarm sound is activated and hours digits flash. Press + or to change hours.
- 4. Press MODE, minute digits flash. Press + or to change minutes.
- 5. Press RST/STP to save Alarm Time.

NOTE:

 To access Hourly Chime, press MODE until AL appears. Then press ST/LAP to turn on/off Hourly Chime.

INDIGLO® NIGHT-LIGHT

Press INDIGLO® button to activate night-light. Electroluminescent technology used in INDIGLO® night-light illuminates entire watch face at night and in low light conditions. While the night-light is on pressing any button keeps it on for three seconds.

WATER AND SHOCK RESISTANCE

If your watch is water-resistant, meter marking or (🐲) is indicated.

Water-Resistance Depth	p.s.i.a. * Water Pressure Below Surface
30m/98ft	60
50m/164ft	86
100m/328ft	160
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*pounds per square inch absolute

WARNING: TO MAINTAIN WATER-RESISTANCE, DO NOT PRESS ANY BUTTONS UNDER WATER.

- 1. Watch is water-resistant only as long as lens, push buttons and case remain intact.
- 2. Watch is not a diver watch and should not be used for diving.
- 3. Rinse watch with fresh water after exposure to salt water.
- Shock-resistance will be indicated on watch face or caseback. Watches are designed to pass ISO test for shock-resistance. However, care should be taken to avoid damaging crystal/lens.

BATTERY

Timex strongly recommends that a retailer or jeweler replace battery. Battery type is on watch back. If present, push/short internal reset switch after replacing battery. Battery life estimates are based on certain assumptions regarding usage; battery life may vary depending on actual usage.

DO NOT DISPOSE OF BATTERY IN FIRE. DO NOT RECHARGE. KEEP LOOSE BATTERIES AWAY FROM CHILDREN.

TIMEX INTERNATIONAL WARRANTY

https://www.timex.com/productWarranty.html

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